



Family Breakfast



Our families are constantly on the go between the hospitals, Family House and making sure their families are eating while they are away from home. Providing a continental breakfast is a very easy way to make an impact and help to ease the stress on families. Creating that community of support is what *Family Breakfast* is all about.

Breakfasts are scheduled Monday-Friday. To host a family breakfast please following instructions below:

(Plan for 40-50 people)

- Arrive at 8:00am to set up
 - Food will be displayed in our Food Room on the 1st floor.
 - Food can also be catered – please let us know in advance if you are planning this option.
- Breakfast from 8:30am-9:30am, buffet style on the first floor lobby. Please feel free to walk to the other kitchens and floors to invite families if few have shown up by the breakfast start time.
- Clean up at 9:30am-10:00am
 - Begin to put food into individual containers if needed and split evenly amongst the 8 kitchens.
 - Communal areas should be straightened up, surfaces disinfected and swept to ensure a clean and safe space for families.

Please bring:

Bagels	Nuts - individual packets
Cream Cheese - individual	2% Milk – 3 Gallons
Butter - individual	Whole Fruit
Bran Muffins/Auzie Bites /Healthy Baked Good	Strawberries and Blue Berries when available
Original Special K	Granola Bars
Greek Yogurt - Assorted	Steel Cut Oatmeal

With the help of you and your friends, you are making it a little easier for all our families in crisis. If you would like to bring some games or set up an arts and crafts activity you are more than welcome to do so. Feel free to contact Volunteer Coordinator, Tarence Dixon, (tdixon@familyhouseinc.org) or Director of Volunteer Programs, Karen Banks (kbanks@familyhouseinc.org) or if you have any questions.

We truly appreciate your support!